



**BIKE TO WORK WEEK ABBOTSFORD 2007
CALENDAR OF BTWW CELEBRATION EVENTS**

PRE-BIKE TO WORK WEEK PRESENTATION:

Bruce Wenting from Wenting's Cycle and Mountain Shop is presenting the basics about preparedness for cycling to work.

TOPIC: Cycling Checklist - essentials to consider in equipment and bicycle maintenance

WHERE: Matsqui Recreation Centre, Viewing Terrace, at 3106 Clearbrook Road

WHEN: Tuesday, May 22, 2007 from 7:00 pm to 9:00 pm

Please come out and let others know about this presentation. It should help to make BTWW a safe and fun time. Bike to Work Week is from May 28, 2007 to June 3, 2007. For more information see: <http://biketowork.ca/>

Celebration Stations:

Celebration stations are exactly what they sound like – a "celebration" of cycling and the health, wellness and fun benefits that go along with it.

Kick-off Celebration Station – Monday May 28, 7:00 – 9:30 am in front of the Sports Mart store at West Oaks Mall. Bike Mechanic, treats, and draw prize entry

Tuesday Night Bicycle Ride – meet at parking lot across from Tim Hortons on Whatcom Road, group leaves at 6:30pm. This is a “ride at your own risk” ride for fun and exercise in Sumas Prairie.

Mid-Week Mass Recreational Ride – Wednesday May 30, 7:00 – 8:30 PM starting at the Bike Shop on Ware Street. Come on out and discover how many other people are into cycling. We will go for a slow mass ride on the new proposed bike route on Bevan and Peardonville Roads.

Video Night: Thursday, May 31 at 7:00 pm - You Never Bike Alone at UCFV, Room B101 (the theatre)

Wrap-up Celebration Station and BBQ—FREE for participants! – Friday June 1, 4:00–6:30pm

Wind your work week down at Mill Lake Park (south side – off of Bevan), hang out with other cyclists, and listen to some great local entertainment. The grand prize draw for a bicycle will be held at this event

This final celebration is a fantastic ending to a tremendous week of events.

For further information, email acag@telus.net