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Mayors lead Bike to Work event

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The mayors from Abbotsford and Mission are inviting residents to join them in biking to work.

Mission Mayor James Atebe and Abbotsford Mayor George Peary are taking part in Bike to Work Week, May 11 to 17.

On May 12, Atebe rides from 7 a.m. to 9 a.m., beginning at Hammond Street and ending at the Vancity Celebration Station for coffee and fresh fruit.

Residents are encouraged to join Atebe anywhere along the route. Specific meeting places include municipal hall, E.S. Richards School, Albert McMahan Elementary, Mission Leisure Centre, the fire hall on Murray Street, Mission Library and Mission Hills Shopping Centre.

On May 14, Peary leaves from Auguston Sales Centre (36363 Auguston Parkway South) at 7:15 a.m.

Meeting places along the route are Fire Hall 7, Abbotsford Community Services, Bevan Park, Abbotsford Regional Hospital and Cancer Centre, and Vancity.

The ride ends at city hall for coffee and snacks.

“I am participating in Bike to Work Week to inspire and encourage the residents of Mission to explore alternate commuting options and promote personal health and active living, which also helps look after the environment,” Atebe said.

Peary agreed.

“I am an ardent cyclist and a big believer that an active lifestyle makes you able to do a better job and live a better life. I’d like to see all residents commit to an active lifestyle. You’ll feel better for it – I know I do!”

Cyclists joining the mayors on these days are entered in a prize draw for a mountain bike, \$100 bike shop gift certificates, Whistler bike park passes, spa treatments, canoe rentals, and more.

This year’s theme “Just Try It, You’ll Love It” encourages everyone to give bike commuting a chance.

For more information about the mayors’ bike routes, go to biketowork.ca.

Find this article at:

http://www.bclocalnews.com/fraser_valley/abbynews/community/44619792.html

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