



Mayors are keen on cycling to work

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The mayors from Fraser Valley's twin cities invite everyone to mark their calendar and join them for Bike to Work with the Mayor Day as part of Bike to Work Week from May 11 to 17.

On May 12, Mission Mayor, James Atebe will ride from 7 a.m. to 9 a.m., beginning at Hammond Street and ending at the Vancity Celebration Station for coffee and fresh fruit.

Residents are encouraged to join Mayor Atebe anywhere along the route - specific meeting places include Municipal Hall, E.S. Richards School, Albert McMahon Elementary School, Mission Leisure Centre, Fire Hall (Murray Street), library and Mission Hills Shopping Centre.

On May 14, Abbotsford Mayor George Peary will leave from Auguston Sales Centre at 7:15 a.m.

"I am participating in Bike To Work Week to inspire and encourage the residents of Mission to explore alternate commuting options and promote personal health and active living, which also helps look after the environment," said Mayor Atebe.

Mayor Peary couldn't agree more and keeps his passion rolling as much as he can.

"I am an ardent cyclist and a big believer that an active lifestyle makes you able to do a better job and live a better life. I'd like to see all residents commit to an active lifestyle. You'll feel better for it - I know I do," said Peary.

Bike commuters joining the mayors on these days are rewarded with more opportunities to enter the prize draw for a mountain bike, \$100 bike shop gift certificates, Whistler bike park passes, spa treatments, canoe rentals, and much more.

This year's theme, Just Try It, You'll Love It, encourages everyone to give bike commuting a chance.

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